



*Two Chalices designed by Sir George Gilbert Scott in 1876 for the church. The Flagon was made in 1878 to match.*

## THE EUCHARIST

The celebration of the Eucharist (also known as Holy Communion, the Lord's Supper or the Mass) lies at the heart of Christian worship. It recalls the events of the Last Supper which Jesus ate with his disciples on the night before his Crucifixion, which is described in detail in St Paul's First Letter to the Corinthians and in the Gospels of Matthew, Mark and Luke.

“While they were eating, Jesus took a loaf of bread, and after blessing it he broke it, gave it to the disciples, and said, ‘Take, eat; this is my body.’ Then he took a cup, and after giving thanks he gave it to them, saying, ‘Drink from it, all of you; for this is my blood of the covenant, which is poured out for many for the forgiveness of sins.’ (Matthew 26:26-28)

During a service of the Eucharist (the word itself means “thanksgiving”), we come together to confess our sins, to hear God's Word, to pray for others, to give thanks for God's good gifts to us and to share in the Bread and Wine of the Eucharist. In this holy mystery we encounter Christ's presence and are drawn into the Body of Christ on earth, sustained and inspired to go out into the world to reflect Jesus' love and compassion and to tell his story.