

## In Our Prayers This Week

### The Alternative Collect

Heavenly Father, your Son battled with the powers of darkness, and grew closer to you in the desert: help us to use these days to grow in wisdom and prayer that we may witness to your saving love in Jesus Christ our Lord. **Amen**

### For the start of Lent

Your Word reveals to us a simple truth, that sin entered this world through human folly in believing we could be like you, and permeated history through envy, selfishness and greed. Yet sin, which holds us tight within its grasp cannot resist a heart that is touched by your grace through Jesus Christ, cannot contend with Living Water pouring into hearts and souls. Your Word reveals to us a simple truth, that sin is defeated and we can become the people we were always meant to be, by your grace through Jesus Christ. **Amen.** Faith & Worship



The Temptation in the Wilderness by Briton Riviere

*Please remember before God those who have asked for our prayers*

<i>Those in acute need</i>		<i>Those in long-term need</i>
Bruce Dinwiddy	James Philpot	Vincenzo Blandini
May El-Kadi	Mary Reeve	Theo Bulkai
Margy Fitter	June Scully	John Cantlie
Gina Hrela	Hew Service	Rev. Geoffrey Connor
Hally Marnock	Sebastian Shaw	Joan Davies
Joan Jackson	Alison Steel	Leo Koymans
Anna Messim	David Strong	Simon Portal
Fr David Michaels	Edward	Paul Proudman
Suze Murray	Michael	Annie Redmile
	Harrison	James Worsley

*and for all who have died recently*

Pearl Collinson	Pamela Davies	Tony Dawes
Samir El-Kadi	Sally England	Andrew Gillespie
Margaret Hicks	Armando Mardirosian	Wayne Matthews

*and for all those whose anniversary of death falls at this time*

Pedro Da Gama, 21 <sup>st</sup> February	Esme Bass, 22 <sup>nd</sup> February
Ivan Cameron, 25 <sup>th</sup> February	Arthur Harriman, 28 <sup>th</sup> February

## St MARY ABBOTS CHURCH CONTACTS

Church Website: [www.smaw8.org](http://www.smaw8.org)

The Parish and Vicarage offices are open from 10am – 5pm

Vicar: Mthr Emma Dinwiddy Smith	<a href="mailto:vicar@stmaryabbots.org.uk">vicar@stmaryabbots.org.uk</a>	0207 937 6032
Associate Vicar	vacant	
Curate: Mother Alice Ormondroyd	<a href="mailto:curate@stmaryabbots.org.uk">curate@stmaryabbots.org.uk</a>	020 3404 3042
PA & events: Leonora Service, PA	<a href="mailto:pa@stmaryabbots.org.uk">pa@stmaryabbots.org.uk</a>	020 3479 4731
Churchwardens: Guy Heald	<a href="mailto:guyheald@hotmail.com">guyheald@hotmail.com</a>	
Ed Warrick	<a href="mailto:er@smaw8.org">er@smaw8.org</a>	
Parish Office: Petter Kringberg	<a href="mailto:parishmanager@stmaryabbots.org.uk">parishmanager@stmaryabbots.org.uk</a>	0207 937 2419
Vestry: Simon Fitter (Head Virger)	<a href="mailto:virger@stmaryabbots.org.uk">virger@stmaryabbots.org.uk</a>	0207 937 5136
Tom Mendel, Amanda McRae and Sam Kibble (assistant virgers)		
Sr Mary Abbots Centre: Adam Norton	<a href="mailto:centremanager@stmaryabbots.org.uk">centremanager@stmaryabbots.org.uk</a>	0207 937 8885
Children's Work Admin: Martina Sadovska	<a href="mailto:children@stmaryabbots.org.uk">children@stmaryabbots.org.uk</a>	
Safeguarding Office: Alex Jueguen	<a href="mailto:safeguarding@stmaryabbots.org.uk">safeguarding@stmaryabbots.org.uk</a>	
Stewardship Secretary: Emma Porteous	<a href="mailto:stewardship@stmaryabbots.org.uk">stewardship@stmaryabbots.org.uk</a>	
Electoral Roll Officer: Ed Warrick	<a href="mailto:er@stmaryabbots.org.uk">er@stmaryabbots.org.uk</a>	
Bellringing Secretary: David Holdridge	<a href="mailto:david.holdridge@ntworld.com">david.holdridge@ntworld.com</a>	07904 954 959
Friends of St Mary Abbots: Steve Atack	<a href="mailto:friends@stmaryabbots.org.uk">friends@stmaryabbots.org.uk</a>	07585 705 281



## ST MARY ABBOTS PARISH CHURCH NEWSLETTER

21<sup>th</sup> February 2021

Keeping the church open is dependent upon our maintenance of good practices including:

- Filling in a Covid Track and trace form at the main door or use the NHS app which can be found on the notice board in the cloister by the door.
- Sanitising our hands at the entrance
- Wearing masks inside the church
- Maintaining 2 metre distancing from others
- Following the one-way system

### SUNDAY 21<sup>st</sup> February – 1<sup>st</sup> Sunday of Lent

There will be no services in the church, however we are open **from 9.30am to 11.30am** for private prayer.

9.30 am	<b>Morning Service</b> online <a href="http://www.smaw8.com/services">www.smaw8.com/services</a>
9.30 am	<b>Children's service</b> online and on Zoom Zoom details: <a href="mailto:children@stmaryabbots.org.uk">children@stmaryabbots.org.uk</a>
10.30 am	<b>Morning Prayer on Zoom</b> Please email: <a href="mailto:vicar@stmaryabbots.org.uk">vicar@stmaryabbots.org.uk</a>

### MONDAY 22<sup>nd</sup> February

9 am	Morning Prayer via Zoom
10 am - 2pm	Church open for Private Prayer

### TUESDAY 23<sup>rd</sup> February – Polycarp, Bishop

9 am	Morning Prayer via Zoom
10 am - 2pm	Church open for Private Prayer

### WEDNESDAY 24<sup>th</sup> February

9 am	Morning Prayer via Zoom
10 am - 2pm	Church open for Private Prayer

### THURSDAY 25<sup>th</sup> February

9 am	Morning Prayer via Zoom
10 am - 2pm	Church open for Private Prayer

### FRIDAY 26<sup>th</sup> February

9 am	Morning Prayer via Zoom
10 am - 2pm	Church open for Private Prayer

### SATURDAY 27<sup>th</sup> February – George Herbert, Priest

10 am - 2pm	Church open for Private Prayer
-------------	--------------------------------

### SUNDAY 28<sup>th</sup> February – 2<sup>nd</sup> Sunday of Lent

9.30 am	<b>Morning Service</b> online <a href="http://www.smaw8.com/services">www.smaw8.com/services</a>
9.30 am	<b>Children's service</b> on Zoom Email: <a href="mailto:children@stmaryabbots.org.uk">children@stmaryabbots.org.uk</a>
10.30 am	<b>Morning Prayer on Zoom</b> Please email: <a href="mailto:vicar@stmaryabbots.org.uk">vicar@stmaryabbots.org.uk</a>

The information above may change. If you would like to receive updates directly to your email please sign up to our newsletter on [www.smaw8.org](http://www.smaw8.org) or email [pa@stmaryabbots.org.uk](mailto:pa@stmaryabbots.org.uk)

### Service Sheets and Newsletter

We will no longer be producing a physical copy of the newsletter or prayer book.

If you would like us to post a newsletter to you please email Leonora with your postal address [pa@stmaryabbots.org.uk](mailto:pa@stmaryabbots.org.uk)  
The Time to Pray app can be downloaded to your phone for use when visiting the church:  
<https://www.chpublishing.co.uk/apps/time-to-pray>

## Message from Mother Emma

It was lovely to share our Pancake Party with so many families over Zoom - and I am beyond impressed by the photos we were sent afterwards of some of the amazing pancake creations which were produced! It was also very good to see that many of you joined us for worship at one of our services yesterday for Ash Wednesday as we begin our Lenten journey together. If you would like to see the service a link can be found on the services page of our website: [www.smaw8.org/services](http://www.smaw8.org/services)



This coming Sunday our pre-recorded service, live from 9.30 am, will be a service of Holy Communion from the Book of Common Prayer and our choir has recorded some beautiful Lenten music for the service. I hope that this will reflect something of our "usual" 8.30 am and Choral Matins, while offering us all the chance to worship using the traditional liturgy of the Church of England. If you would like to see the service a link can be found on the services page of our website: [www.smaw8.org/services](http://www.smaw8.org/services)

We shall, as usual, be offering a Zoom service of Morning Prayer at 10.30 am. Please do contact me for the link if you don't already have it from previous weeks.

Martina will be in touch with details of the children's service this week. May I also draw your attention to her very short reflections on the Bible story of the day? While primarily intended for our younger children, they distil something of the raw spirituality of the stories and, I find personally, offer a moment of very moving reflection which can be watched at any time.

*May God bless us, that in us may be found love and humility, obedience and thanksgiving, discipline, gentleness and peace.* (Night Prayer for Lent, Common Worship)

With my love and prayers, Mother Emma

## Letters of Inspiration – Volunteers still needed

Thank you to all those who have so far volunteered to send out the 'Letters of Inspiration' but more volunteers are urgently needed. If each of our kind Christmas volunteers would continue to the contact the person they sent a gift to at Christmas you would make a lot of isolated people very happy and potentially make a new friend.

The idea is that throughout the period of Lent (6 weeks) you send a 'letter of inspiration' for each week of Lent. You will be provided with 6 letters and envelopes designed to bring a smile to their face, and all you need to do is write a short cover note and drop it into their letter box. There is also a list of conversation ideas and pointers should you be able to call them.

Although we are now in the first week of Lent it is not too late to join the scheme.

To find out more, please [sign up here](http://www.sign-up-here) or go to [www.surveymonkey.co.uk/r/K6QMHP8](http://www.surveymonkey.co.uk/r/K6QMHP8)

## PARISH & OTHER NEWS

### Kensington Council of Churches Lent Study Wednesday 24<sup>th</sup> February 2021, 7.30pm

Kensington Council of Churches have arranged an Ecumenical Lent Study course with stations of the cross, in Aid of the Church in Need. This week the subject is Christianity & Religious Persecution - Facts, Figures & Personal Witness, Stations 1 & 2. The speakers are John Pontifex, head of press & information, ACNUK and Dr Caroline Hull, community outreach manager, ACNUK. This is a vast topic to cover, but you may wish to bring up any personal experiences or

thoughts. At the end of the session there will be a devotional time to pray for the persecuted. For more information or the zoom details please contact [Chris.Luxton@specr.org](mailto:Chris.Luxton@specr.org)

## Online Youth Quiz

Sunday 28<sup>th</sup> February 2021, 5pm

We have been invited with the congregation of St Phillips to join the United Benefice of Holland Park secondary school online Quiz. This should be an entertaining event and only lasts an hour. If you would be interested then please let Mother Emma know and she will send you the Zoom details.

## Diocese of London – Lent Appeal Challenging Youth Violence

This year the Diocese of London is helping to tackle youth violence and the issues that cause it by supporting 3 amazing charities. Children who are aged from 10 to 24 are using physical force to hurt or threaten other children or bystanders and the Charities aim to help stop this vicious cycle:

**XLP (the EXcel Project):** Started by Headmaster Patrick Regan after the stabbing of a pupil, this charity works with students and teachers to help with behavioural issues in school using education, mentoring, sport and Arts.

**TLG (Transforming Lives for Good):** using a network of churches this charity looks at the reasons for school exclusions, emotional wellbeing and holiday hunger.

**Redthread:** a charity that puts youth workers into A&E units in London and the Midlands. They aim to improve children's experiences when they come to the hospital or their experience of dealing with professional resources.

To donate to this extremely worthwhile and vitally important for all of society and our communities fundraising appeal please go to [give.net/LentAppeal2021](http://give.net/LentAppeal2021)

## Food Bank

The food bank **is not currently picking up food from the church** so we are unable to accept any food or household supplies. However the food bank is still open and in desperate need of support as more people are in need of their vital services. Should you wish to donate financially you can send a cheque, made payable to 'Dalgarno Neighbourhood Trust' and marked 'foodbank' on the reverse to: The Dalgarno Trust, 1 Webb Close Dalgarno Way, London, W10 5QB or you can now donate directly on their website: [www.dalgarnotrust.org.uk](http://www.dalgarnotrust.org.uk)

## Covid Support

If you are in need of pastoral help or support during this lockdown then please don't hesitate to contact Mother Emma or Mother Alice. For those needing other forms of help a list of covid support services and contacts can be found below:

- **Book a Covid vaccination:** RBKC are offering anyone over 65, front line health or social workers, or anyone who has received a letter saying they are high risk a chance to book their vaccination. You will need to be registered with a GP. **Link here:** [Book a coronavirus vaccination - NHS \(www.nhs.uk\)](http://www.nhs.uk)
- **Covid Testing:** There is a walk in clinic in Kensington Town Hall, Hornton Street from 8.30 am to 6 pm Monday to Friday and then 10am – 4pm at the weekend. There is another clinic in Kensington Leisure Centre, Silchester Road, W10 6EX from 10am – 4pm Monday to Sunday.
- **Kensington and Mutual Aid:** Picking up shopping, medication, posting mail, urgent supplies, arranging deliveries. For those in need and those wishing to volunteer. Tel: 0208 144 2774 or [Kcmutualaidzone3@gmail.com](mailto:Kcmutualaidzone3@gmail.com)
- **Everymind Matters:** Set up by Public Health England and approved by NHS for mental health during lockdown [www.nhs.uk/oneyou/everymind.matters](http://www.nhs.uk/oneyou/everymind.matters)