

In our Prayers this week

Collect for 10th Sunday after Trinity

Lord of heaven and earth, as Jesus taught his disciples to be persistent in prayer, give us patience and courage never to lose hope, but always to bring our prayers before you; through Jesus Christ our Lord. **Amen**

Prayer for peace

Lord of glory, look with favour on the nations and peoples of the world, scarred by hatred, strife and war. May they be healed by the touch of your hand. Lord, look with favour, **transfigure and heal**. **Amen.**



Transfiguration of Christ, Rubens. Pinterst

Those in acute need

Rhoda Bowker
Nirupama Bhatt
Thomas Dawnay
Emmanuel Kupa
Ronan O'Hanlon
Eve Mitleton-Kelly
Buyile Phiri
James Philpot
George Rabbett-Smith
Al Aslan Sandal

Duncan Stafford Shaw

Andrew Stahl
Sara Strong
Luke Thomas
Adam
Bob and Edwina
Carlo
Cristina
Emma
Jean
Joan

Luke
Maria
Natalia
Stephanie
Talia

Long-term need

Hillary Bardsley
Christopher Browne
Martin Carroll
Paul Proudman
Michael Turner

for those who have died recently

Anita Varma Brian Cripps

and for all those whose anniversary of death falls at this time

Peter Watt 4th August

The Parish and Vicarage offices are open from 10am – 5pm

St Mary Abbots Church Hall, Vicarage Gate, London, W8 4HN

Church Website: www.stmaryabbots.org.uk

Vicar: Mthr Emma Dinwiddy Smith	vicar@stmaryabbots.org.uk	0207 937 6032
Associate Vicar: Fr Evan McWilliams	fr.evan@stmaryabbots.org.uk	0203 479 4737
Associate Vicar: Fr Tim Carroll	fr.tim@stmaryabbots.org.uk	020 7470 6101
Churchwardens: Guy Heald	guyheald@hotmail.com	
Ed Warrick	ed.warrick@insead.edu	
Vestry: Simon Fitter (<i>Head Virger</i>)	virger@stmaryabbots.org.uk	0207 937 5136
Assistant Virger: Martina Sadovska	children@stmaryabbots.org.uk	
Parish Office: Petter Kringberg	parishmanager@stmaryabbots.org.uk	0207 937 2419
PA, Comms & Events: Leonora Service	pa@stmaryabbots.org.uk	020 3479 4731
St Mary Abbots Hall: Dimitrios Spanos	hallmanager@stmaryabbots.org.uk	0207 937 8885
Director of Music: Mark Uglov	music@stmaryabbots.org.uk	
Children's Work: Martina Sadovska	children@stmaryabbots.org.uk	
Safeguarding Office: Alex Jueguen	safeguarding@stmaryabbots.org.uk	
Stewardship Secretary: David Shaw	stewardship@stmaryabbots.org.uk	07773335569
Electoral Roll Officer: Ivell Arnold	er@stmaryabbots.org.uk	
Bellingring Secretary: Andrew Hodgson	bells@stmaryabbots.org.uk	
Friends of St Mary Abbots: Steve Attack	friends@stmaryabbots.org.uk	07802 430055



ST MARY ABBOTS PARISH CHURCH KENSINGTON

Sunday 4th August 2024

Welcome to St Mary Abbots

The Church is open daily from 8.30am to 6pm and from 10am - 6pm on Saturdays and Bank Holidays

SUNDAY 4th August – 10th Sunday after Trinity

8 am **Holy Communion (BCP)**
9.30 am **Parish Eucharist**
11.15 am **Sung Matins**
5.30 pm **Sung Evensong**

MONDAY 5th August - Oswald, King & Martyr

8 am Morning Prayer via Zoom
8.30 am Bible study via Zoom
9 am **No** Parents' Prayer Group (resume 9 Sept)
12 noon **Informal Eucharist** (Sunday on Monday)
5.30 pm Evening Prayer

TUESDAY 6th August - Transfiguration of our Lord

8 am Morning Prayer via Zoom
12 noon **Holy Communion (BCP)**
5.30 pm Evening Prayer

WEDNESDAY 7th August

8 am Morning Prayer via Zoom
8.35 am **No** Bitesize Bible Group (resume 11 Sept)
12 noon **Holy Eucharist**
5.30 pm Evening Prayer

THURSDAY 8th August - Dominic, priest

8 am Morning Prayer via Zoom
9.30 am **No** School Eucharist (resumes 5 September)
12 noon **Holy Eucharist**
5.30 pm Evening Prayer

FRIDAY 9th August - Mary Sumner, Founder of the Mothers Union

8 am Morning Prayer via Zoom
9.30 am **No** Mini Abbots (resume 6 September)
12 noon **Holy Eucharist**
1.05 pm **No** Royal College of Music (resume 27 Sep)
5.30 pm Evening Prayer

SATURDAY 10th August - Laurence, Deacon

12 noon **Holy Communion (BCP)**
5.30 pm Evening Prayer

SUNDAY 11th August – 11th Sunday after Trinity

8 am **Holy Communion (BCP)**
9.30 am **Parish Eucharist**
11.15 am **Sung Matins with Baptism**
5.30 pm **Sung Evensong with voluntary choir**

Message from Father Evan

As we find ourselves in the midst of summer, with many of our number away on holiday, it's a good time to reflect on the many blessings we have received from God. Psalm 34 says, 'I will bless the Lord at all times; his praise shall continually be in my mouth.' As you continue in prayer and worship at this midpoint of the year, let me encourage you to take the opportunity to look back over the last six months and praise God for the good things He has done for you.



At this Sunday's Parish Eucharist I will be preaching on the bread that came down from heaven (John 6). Something for which I am always grateful is the gift of Christ's own body and blood in the eucharist which, as the Prayer Book reminds us, is our 'spiritual food and sustenance'. I hope you will find true sustenance for the journey of life in the worship, prayer, and preaching at St Mary Abbots.

Along with spiritually uplifting worship, our regular series of joyful concerts and events continues apace. Wednesday's performance by the Music Institute of Chicago Virtuoso Strings was especially enjoyable, and I think they truly enjoyed performing in our beautiful church.

If you like to sing in church rather than just listen, the next Voluntary Choir Evensong is on 11th August. There will be a brief rehearsal as usual at 5pm before the service starts at 5.30. If you've never joined the voluntary choir before but think it might be fun, just come and join in. No previous experience is required, though strong voices are especially appreciated!

With school out and many away on holiday, some families find the summer especially difficult because of the lack of school meals for children. Our donations to the food bank have been somewhat scanty lately and we are eager to increase our giving to this very important social support over the coming months. If you are able, please consider bringing non-perishable food items to church and placing them in the donation boxes at the west and south doors. May I also put out a special plea for drivers to take the collected donations to the food bank on Thursday mornings. If you are willing to be put on a rota to drive every 4-5 weeks, please speak to Simon.

To come full-circle, I'd like to share with you one of the Oes of St Bridget which are included in nearly every medieval Book of Hours and they formed a significant part of the devotional landscape of our forebears. *O Jesus, Saviour of hearts, delight of the spirit, of whom we taste and see that the Lord is good, call to mind the flavour of the gall and vinegar you tasted on the cross for love of us. In memory of this bitterness, O my Saviour, grant me grace always to receive the sweetness of your Body and Blood worthily as a remedy and consolation for my soul. Amen.*

Tickets are £11.50 and can be bought via the 'what is on' on the page of the website or using the QR code above on the poster.

Hope for Creation - from Anxiety to Action Saturday 7th August, 9.30 - 12.30

Hope for Creation is a movement of Faith Inspired Climate action. The free workshop will be held at St Johns church, 153 Lansdowne Crescent, W11 2NN and is designed to inspire and support Christians to take sustained action on Climate change. Led by Rev'd Dr Charolotte Bannister-Parker the workshop incorporates theology, scriptural reasoning and practical advice to in line with the Eco-church accreditation. For more details: www.hope4creation.org

YMIC event 'Peace and Reconciliation' Sunday 6th October, 5pm - 8pm

Plans for the next Youth Ministry in Communion (YMICs) event (year 7 to 13) are now finalised. With laser tag, graffiti art, sourdough pizza truck, arcade & gaming, worship and more this is a great event for our youth! They'll be joined by the Archbishop of Canterbury – and the young people will have the opportunity to grill him with questions. Taking place at St Mary Church, Putney (SW15 1SN) please contact Martina for more details.