

## In our Prayers this week

### Collect for 15<sup>th</sup> Sunday after Trinity

Keep, O Lord, your Church, with your perpetual mercy; and, because without you our human frailty cannot but fall, keep us ever by your help from all things hurtful, and lead us to all things profitable to our salvation; through Jesus Christ our Lord. **Amen**

### Intercession for Michael and All Angels

Father in heaven, you give your angels charge over those who trust in you to guard them in all their ways. Be with those in trouble, rescue them and show them your salvation. **Amen**



The four archangels 1888 mosaics by James Powell and Sons, St John's Church, Wiltshire

#### Those in acute need

Steven Armstrong  
David & Judith Boyd  
Nigel Grieve  
Sue Last  
Lord Alton of Liverpool  
Roger Merchant  
Carol Ann Philips  
George Rabbett-Smith

Annie Redmile  
Sara Strong  
Luke Valavanis  
Adam  
Daphne  
George  
Christopher  
Jean  
Luke  
Maria

#### Long-term need

Christopher Browne  
Viv Robinson  
Jono Robinson  
Stefan Rogge  
David Strong  
Michael Turner

#### and for all those whose anniversary of death falls at this time

Henry Roberson, 1<sup>st</sup> October    Cicely Scott, 2<sup>nd</sup> October  
Joyce North, 5<sup>th</sup> October

#### The Parish and Vicarage offices are open from 10am – 5pm

St Mary Abbots Church Hall, Vicarage Gate, London, W8 4HN

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## ST MARY ABBOTS PARISH CHURCH KENSINGTON

# Welcome to St Mary Abbots

Sunday 28<sup>th</sup> September 2025

The Church is open daily from 8.30am to 6pm and from 10am - 6pm on Saturdays and Bank Holidays

### SUNDAY 28<sup>th</sup> September – 15<sup>th</sup> Sunday after Trinity

8 am    **Holy Communion** (BCP)  
9.30 am    **Parish Eucharist**  
11.15 am    **Choral Matins**  
5.30 pm    **Sung Evensong**

### MONDAY 29<sup>th</sup> September – **Michael & all Angels**

8 am    Morning Prayer or Bible Study on Zoom  
9 am    Parents' Prayer Group  
12 noon    **Informal Eucharist** (Sunday on Monday)  
1 pm    **Wellbeing Session** on *Understanding Anxiety*  
5.30 pm    Evening Prayer

### TUESDAY 30<sup>th</sup> September

8 am    Morning Prayer via Zoom  
12 noon    **Holy Communion** (BCP)  
5.30 pm    Evening Prayer

### WEDNESDAY 1<sup>st</sup> October

8 am    Morning Prayer via Zoom  
12 noon    **Holy Eucharist**  
5.30 pm    Evening Prayer

### THURSDAY 2<sup>nd</sup> October

8 am    Morning Prayer via Zoom  
9.30    **School Eucharist** – *all are welcome*  
2.30 pm    **Rainbow Poetry Group** on *'Autumn Leaves'*  
5.30 pm    Evening Prayer

### FRIDAY 3<sup>rd</sup> October

8 am    Morning Prayer via Zoom  
9.30 am    Mini Abbots  
12 noon    **Holy Eucharist**  
1.05 pm    Royal College of Music free concert  
5.30 pm    Evening Prayer  
9 pm    **Glass Door Sleep out** – *not in the church but please consider supporting them.*

### SATURDAY 4<sup>th</sup> October – Francis of Assisi

9.30-4.30    **Diocesan Discernment Day**- *invitation only*  
12 noon    **Holy Communion** (BCP)  
5.30 pm    Evening Prayer

### SUNDAY 5<sup>th</sup> October – **Harvest Thanksgiving**

*Please bring donations of dried & tinned food*

8 am    **Holy Communion** (BCP)  
9.30 am    **Family Eucharist**  
11.15 am    **Choral Matins**  
5.30 pm    **Sung Evensong**

## Message from Father Tim

This week, I've been asked to write our weekly newsletter and to highlight some of the outreach events we have coming up over the next few months.



On Monday, 29th September, we begin the first of **three lunchtime sessions focused on wellbeing**. These sessions will be led by the Recovery and Wellness College and NHS Central and North West London, HNS Foundation Trust, whose aim is to educate and empower us in caring for our mental and emotional health. Together, we'll explore and discuss anxiety, resilience, and how to care for both our minds and bodies. These sessions are open not only to the congregation but also to the wider parish and borough. While they will certainly reflect on spirituality, they are inclusive and welcoming to people of all backgrounds.

You might be wondering why the Church is hosting sessions like these. The answer is simple: we believe God cares about our minds, bodies, and emotions. He wants us to flourish in our relationships—in Church, at home, with friends and family, and at work. Of course, this can be a struggle for all of us at times. Created in God's image, we are made to live in healthy relationships with ourselves, our neighbours, and with God. But anxiety, depression, or traumatic experiences can prevent us from thriving. As a Church, we believe it's vital to take these challenges seriously.

If you're unable to attend the lunchtime sessions, we will also be hosting a **Mental Health Fair on Thursday, 9th October**, in partnership with our friends at SMART (St Mary Abbots Rehabilitation and Training). This open day will welcome members of the congregation, parish, and local community to meet local service providers, discover available support, and learn how to access it. Last year's fair was a huge success, showing how powerful it can be when a diverse range of services come together in one space. We hope you'll join us—whether for your own benefit or to better support others. And yes, there will be a free lunch!

As many of you know, the Church also supports the homeless charity Glass Door. So far, we have about 15 members from the congregation taking part in the **Sleep Out on Friday 3rd October to raise money for Glass Door** as they prepare to open their shelters this November. We're incredibly grateful to those participating and to everyone who has already donated. If you'd like to support this cause, please consider donating through the link on the website.


Finally, please keep an eye out for other upcoming events. In particular, we're delighted to welcome Zoya Shuhatovich for a piano concert on 15th October. And don't miss Father Evan, who will be speaking at the next Victorian Society event here at the Church on Tuesday, 7th October. Tickets are available via the website, or contact Leonora.

God Bless you, Father Tim

## Harvest Festival – 5<sup>th</sup> October 2025

Any contribution to our Harvest Festival collection for the Upper Room would be most gratefully received – you can bring it to the service! The charity helps feed and rehabilitate the homeless and our collection makes a huge difference to their food bank stocks: Sugar, stock cubes, rice, pasta, tinned tomato (tinned anything!) cooking oil, crisps, coffee and biscuits – a full list on our website.

*The Victorian Society Presents*  
**LATE VICTORIAN & EDWARDIAN  
FURNISHINGS IN THE CHURCHES  
OF KENSINGTON & CHELSEA**  
A TALK BY REV'D DR EVAN MCWILLIAMS  
*Tuesday 7<sup>th</sup> October 2025 at 7pm*  
AT ST MARY ABBOTS CHURCH, KENSINGTON W8 4LA

 **TICKETS £10**  
www.stmaryabbots.org.uk  
0203 4794731  
pa@stmaryabbots.org.uk

 **The Victorian Society**

### Victorian Society talk

**Tuesday 7<sup>th</sup> October 2025 at 7pm**

Come and support Father Evan as he gives a talk for the Victorian Society on 'Late Victorian and Edwardian Furnishing in the churches of Kensington and Chelsea'. Tickets are £10 and can be purchased on our website, or on the door, and any profits are shared between the Victorian Society and the Church.

### Piano Recital

**Wednesday 15<sup>th</sup> October 2025 at 7pm**

Zoya Shuhatovich, American pianist, will be performing pieces from Bach-Busoni, Beethoven, Chopin and Albeniz. Described as having '*...command of the instrument, and a big singing sound...she is a first rate musician...she dazzles the audience with her musical skill*' This is her second appearance at the church, tickets are £15 and profits shared between the church and Zoya. Come and enjoy the show! Tickets on line or on the door.