



Tim Knox lecture for Victorian Society, 28th April 2026



ST MARY ABBOTS PARISH CHURCH
KENSINGTON



The English Martyrs window, our lady of Angels, Nuneaton by Aidan McRae Thomson (celebrated on Monday 4th May)

Services this week

SUNDAY 3rd May – 5th Sunday of Easter

- 8 am Holy Communion (BCP)
- 9.30 am Family Eucharist
- 11.15 am Choral Martins
- 5.30 pm Sung Evensong

MONDAY 4th May – English Saints and Martyrs

- 8 am No Morning Prayer and Bible Study on Zoom
- 9 am No Parents' Prayer Group
- 10 am Church Opens (Bank Holiday hours)
- 12 noon Holy Eucharist (No Sunday on Monday)
- 4 pm No Youth Confirmation Class (resumes 18 May)
- 5.30 pm Evening Prayer
- 7 pm No Adult Confirmation Class (resumes 18 May)

TUESDAY 5th May

- 8 am Morning Prayer on Zoom
- 12 noon Holy Communion (BCP)
- 5.30 pm Evening Prayer

WEDNESDAY 6th May

- 8 am Morning Prayer on Zoom
- 12 noon Holy Eucharist
- 5.30 pm Evening Prayer
- 6.30 pm Easter & Pentecost - The Untold Stories
Rev'd Andy Roland talk and discussion. Free entry

THURSDAY 7th May

- 8 am Morning Prayer on Zoom
- 9.30 am School Eucharist – all are welcome
- 2.30 pm Rainbow Poetry Group
- 5.30 pm Evening Prayer

FRIDAY 8th May – Julian of Norwich, writer

- 8 am Morning Prayer on Zoom
- 9.30 am Mini Abbots at St Mary Abbots Centre
- 12 noon Holy Eucharist
- 1.05 pm Royal College of Music Concert (free concert)
- 5.30 pm Evening Prayer

SATURDAY 9th May

- 12 noon Holy Communion (BCP)
- 5.30 pm Evening Prayer

SUNDAY 10th May – 6th Sunday of Easter

- 8 am Holy Communion (BCP)
- 9.30 am Holy Eucharist with Baptisms
- 11.15 am Choral Martins
- 5.30 pm Sung Evensong with Voluntary Choir

Safeguarding

St Mary Abbots Church regards the safe care and protection of children and vulnerable adults as of the utmost importance. Please contact Rona at Safeguarding@stmaryabbots.org / 07561288178 or the Diocesan helpline: 02079321224.

Sunday 3rd May 2026

The Church is open daily from 8.30am to 6pm and from 10am - 6pm on Saturdays and Bank Holidays



On Sundays, everyone attending the 9.30 Eucharist or 11.15 Matins is warmly invited to join us for coffee and biscuits in the school hall next door at 10.30 am.



Thank you for donating to support our church's work, worship and upkeep. There are cash safes and standing order forms by the South Door and card readers at both entrances, or you can scan this QR code.

Message from Father Evan

Part of our hope as clergy is that our whole church community continues to grow in faith and in love for one another. We hope you will find many opportunities for fellowship and friendship this spring and summer. I know it may seem a long way off, **but mark your diaries for the annual Summer Garden Party on 13 June.** It's a wonderful occasion to spend some quality time together as a church family, to enjoy each other's company, and to encourage each other.



Part of our life together involves the active running of the church and managing its day-to-day needs (and expenses). We want as many of you as are able to be involved and to have a clear understanding of the inner workings of your church, not just on Sunday, but throughout the week and year. **Therefore, we've decided to hold the APCM (Annual Parochial Church Meeting) at 10.30am between Sunday services on 17 May.** At the meeting, you will have an opportunity to elect your PCC (Parochial Church Council) members, to hear about the budget, and to see what projects are underway for the future. Childcare will be provided (as will refreshments!), so please make every effort to attend. **A sign-up sheet for childcare during the meeting is available at the south door welcome desk.**

This year, May is full of events. On **6 May Fr Andy Rowlands will be giving a talk on the Untold Stories of Easter and Pentecost**. Entry is free and the talk starts at 6.30pm. **Sunday 10 May marks the beginning of 'Christian Aid week'**. This year, the focus of the week is on relieving urban poverty. Please consider whether you might donate to this worthy cause on Sunday or in the days thereafter. **On 12 May, there will be a pair of hour-long free to attend Wellbeing sessions** held in the church: 'Introduction to Self-Compassion' at 1.30 pm and 'Coping with Stress and Anxiety' at 3pm. In our very busy world, both of these things are worth taking time to consider. You might like to block out time in your diary to attend one of these sessions *just for you*. More details can be found below.

The following week, on **19 May, we will once again be walking the parish boundary**. In the middle ages prayers were said for good weather and fertile harvests during this procession. Nowadays we pray for the palace, the high street businesses, and the families who reside in our parish. It's a really lovely morning spent walking and briefly praying together. If you've never done something like it before, maybe this is your year to join in – please contact Hilary for details hfcmbb@aol.com

Almighty and everlasting God, who dost govern all things in heaven and earth: Mercifully hear the supplications of us thy servants; and grant unto this parish all things needful for its spiritual welfare. Strengthen and confirm the faithful; protect and guide the children; visit and relieve the sick and afflicted; turn and soften the wicked; rouse the careless; recover the fallen; restore the penitent; remove all hindrances to the advancement of thy truth; and bring all to be of one heart and mind within the fold of thy holy Church; to the honour and glory of thy blessed Name, through Jesus Christ our Lord. Amen. (from 'After the Third Collect' (1952) by the then Dean of York Eric Milner-White)

With love, Fr Evan

Electoral Roll on display in the Church

The Church Electoral Roll is the list of our regular worshippers who are entitled to vote at the APCM, and many of you have kindly filled in a form. The Roll is now closed until after the APCM on 17th May, so we can't add anyone new till then, but the Roll will on display in church for the next two Sundays. Please check that your name is correctly spelt.



Two Wellbeing Sessions – Tuesday 12th May

We are delighted to host the Central & North West London NHS Recovery and Wellbeing College for two free sessions at the church as part of Kensington Wellness Week, set up by Opportunity Kensington, which runs from 12th - 18th May. Details below:

Introduction to Self-Compassion from 1.30 pm - 2.30 pm
If you tend to criticise and judge yourself harshly, concentrate more on your mistakes than your strengths, and often feel that you are not good enough, this short course is for you.

Developing self-compassion and learning to be kinder to ourselves is possible for everyone and something which can be learned.

Coping with Stress and Anxiety from 3 pm - 4 pm
Everyone experiences stress and anxiety. Excessive or prolonged stress can have a negative impact on our physical and mental health. Sometimes we can find ourselves fearful, nervous and tense almost all the time, which is when anxiety becomes a problem.

Recital
University of Wyoming Collegiate Chorale
Dr. Brian C. Murray, Conductor
Wyoming, USA

Tuesday 26th May 1 PM
St Mary Abbots Church
Kensington Church St, London W8 4LA
Free Admission

This week we pray for

Ivell Arnold	Viv Robinson	Long-term need
Steven Armstrong	Jono Robinson	Christopher Browne
Steve Attack	Mike Roberts	Nigel Grieve
Eric de Bellaigue	Luke Valavanis	Hannah Philips
Kirsten Clover	Adam	George Rabbett-Smith
Sheila Dobson	Jean	Stefan Rogge
Caspar Irani	Luke	David Strong
Robin Price	Maria	Michael Turner
Annie Redmile		

and for all those whose anniversary of death falls at this time

Blossom Barrow, 3 May Anne Bengé, 6 May Rodney Bennett, 10 May

For those who have died recently

Herbert Jake Hanson Jr. James Clay

How to contact us

The Parish and Vicarage offices are open from 10am – 5pm

St Mary Abbots Church Hall, Vicarage Gate, London, W8 4HN

Website Telephone: 0207 937 2419

Vicar: Mthr Emma Dinwiddy Smith	vicar@stmaryabbots.org.uk	0207 937 6032
Associate Vicar: Fr Evan McWilliams	fr.ivan@stmaryabbots.org.uk	0203 479 4737
Associate Vicar:		020 7470 6101
LLM: Hakan Sandal-Wilson	llm@stmaryabbots.org.uk	
Churchwardens: Guy Heald	guyheald@hotmail.com	
Ed Warrick	ed.warrick@insead.edu	
Vestry: Simon Fitter (<i>Head Virger</i>)	virger@stmaryabbots.org.uk	0207 937 5136
Assistant Virger: Martina Sadovska	children@stmaryabbots.org.uk	
Parish Office: Petter Kringberg	parishmanager@stmaryabbots.org.uk	0203 404 3042
PA, Comms & Events: Leonora Service	pa@stmaryabbots.org.uk	020 3479 4731
St Mary Abbots Hall: Gill Fisher	hallmanager@stmaryabbots.org.uk	0207 937 8885
Director of Music: Mark Uglov	music@stmaryabbots.org.uk	
Children's Work: Martina Sadovska	children@stmaryabbots.org.uk	
Safeguarding Office: Rona Davis	safeguarding@stmaryabbots.org.uk	07561288178
Electoral Roll Officer: Ivell Arnold	er@stmaryabbots.org.uk	
and Welcome Co-Ordinator		
Bellringing Secretary: Rachel Billinge	bells@stmaryabbots.org.uk	
Friends of St Mary Abbots: Steve Attack	friends@stmaryabbots.org.uk	07802 430055